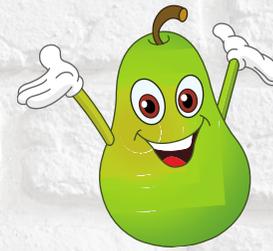


Our menu

Spring / Summer

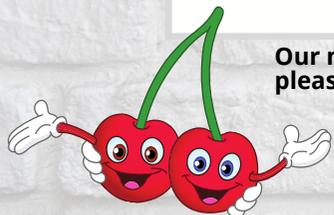
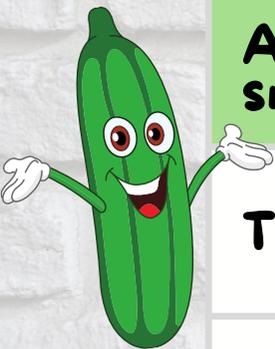


Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	A selection of cereals and milk, with fresh fruit juice, milk or water to drink.				
Morning snack	Blueberry muffins with apple slices	Cottage cheese with melba toast and strawberries	Wholemeal toast with butter and satsumas	Mixed fruit smoothie	Homemade cheese scones with kiwi fruit
Lunch	Fruity chicken and coconut curry with brown rice and peas	Mini beef burgers in buns with potato wedges and salad	Vegetable lasagne with garlic bread	Mixed bean cowboy pie with broccoli	Cheesy tuna pasta bake with country vegetables
Afternoon snack	Banana oat cookies with satsumas	Mango and banana smoothie	Grapes and strawberries	Fruit and vegetable kebabs	Wholemeal pitta pockets with various fillings
Tea	Toasted wholemeal muffin with cheese and peppers	Tomato soup with wholemeal pitta dippers	Egg noodles with cucumber sticks	Wholemeal pitta pockets with cheese	Baked beans on wholemeal toast

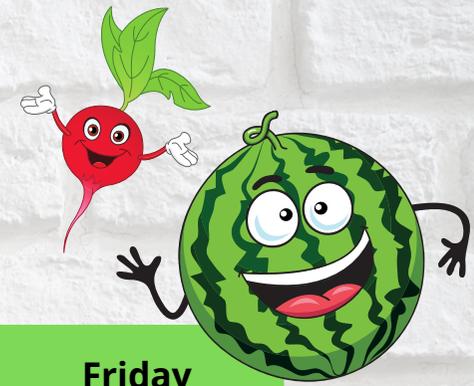
Low sugar desserts will be served after lunch and tea, including our own homemade yoghurt.

Our menu is carefully designed to be low added sugar, low salt, wholesome and delicious. We cater for dietary requirements, please speak to a member of staff. Occasionally meals may differ depending on availability of fresh produce and ingredients.



Our menu - under 1's

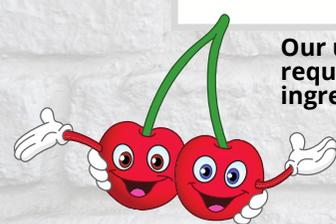
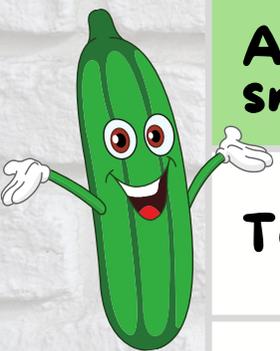
Spring / Summer



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	A selection of cereals and milk, with fresh fruit juice, milk or water to drink.				
Morning snack	Blueberry muffins with apple slices	Cottage cheese with strawberries	Wholemeal toast with butter and satsumas	Mixed fruit smoothie	Homemade cheese scones with kiwi fruit
Lunch	Fruity chicken and coconut curry with brown rice and peas	Mini beef burgers in buns with potato wedges and salad	Vegetable lasagne with garlic bread	Mixed bean cowboy pie with broccoli	Cheesy tuna pasta bake with country vegetables
Afternoon snack	Banana oat cookies with satsumas	Mango and banana smoothie	Grapes and strawberries	Fruit and vegetable kebabs	Wholemeal pitta pockets with various fillings
Tea	Toasted wholemeal muffin with cheese and peppers	Cottage cheese with wholemeal pitta dippers and veggie sticks	Egg noodles with cucumber sticks	Wholemeal pitta pockets with cheese	Baked beans on wholemeal toast

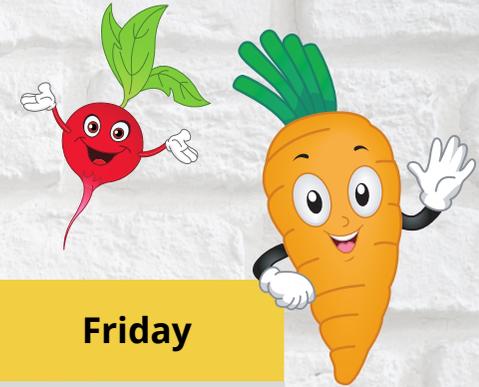
Desserts will be served after lunch and tea, including our own homemade yoghurt

Our under-1's menu is carefully designed to be no added sugar, very low salt, wholesome and delicious. We cater for dietary requirements, please speak to a member of staff. Occasionally meals may differ depending on availability of fresh produce and ingredients.



Our menu

Spring / Summer



Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	A selection of cereals and milk, with fresh fruit juice, milk or water to drink.				
Morning snack	Carrot and cucumber sticks	Wholemeal toast with butter and sliced apples	Mango and banana smoothie	Crackers with cheese and grapes	Breadsticks with homemade houmous and cucumber sticks
Lunch	Quorn chilli fajitas with red peppers, cheese and sour cream	Vegetable fingers with carrot and potato squares and baked beans	Cheesy pasta bake with carrots and peas	Chicken supreme with couscous and peas	Fish pie bites with country vegetables
Afternoon snack	Banana oat cookies with blueberries	Oranges and bananas	Grapes and strawberries	Cottage cheese with melba toast and strawberries	Wholemeal pitta pockets with various fillings
Tea	Wholemeal cheese spread sandwiches with peppers	Macaroni cheese with cucumber sticks	Wholemeal egg mayonnaise sandwiches	Banana oat cookies with apple slices	Vegetable fingers with baked beans

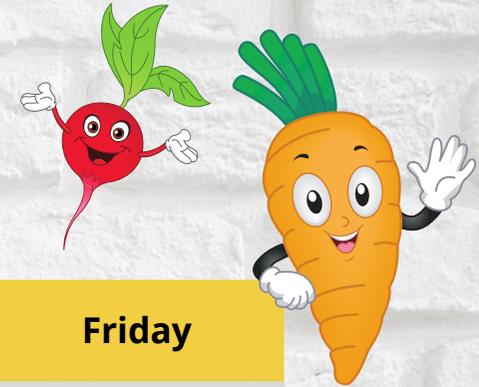
Low sugar desserts will be served after lunch and tea, including our own homemade yoghurt.

Our menu is carefully designed to be low added sugar, low salt, wholesome and delicious. We cater for dietary requirements, please speak to a member of staff. Occasionally meals may differ depending on availability of fresh produce and ingredients.



Our menu - under 1's

Spring / Summer



Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	A selection of cereals and milk, with fresh fruit juice, milk or water to drink.				
Morning snack	Carrot and cucumber sticks	Wholemeal toast with butter and sliced apples	Mango and banana smoothie	Crackers with cheese and grapes	Breadsticks with homemade houmous and cucumber sticks
Lunch	Quorn chilli fajitas with red peppers, cheese and sour cream	Cauliflower cheese cakes with baked beans	Cheesy pasta bake with carrots and peas	Herby baked chicked with couscous and peas	Fish pie bites with country vegetables
Afternoon snack	Banana oat cookies with blueberries	Oranges and bananas	Grapes and strawberries	Cottage cheese with strawberries	Wholemeal pitta pockets with various fillings
Tea	Wholemeal cheese sandwiches with peppers	Macaroni cheese with cucumber sticks	Wholemeal egg mayonaise sandwiches	Banana oat cookies with apple slices	Cauliflower cheese cakes with baked beans

Low sugar desserts will be served after lunch and tea, including our own homemade yoghurt.

Our under-1's menu is carefully designed to be no added sugar, very low salt, wholesome and delicious. We cater for dietary requirements, please speak to a member of staff. Occasionally meals may differ depending on availability of fresh produce and ingredients.

